



## COURSE OUTLINE: FIT216 - PLACEMENT EXPER. II

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Approved: Bob Chapman, Dean, Health

<b>Course Code: Title</b>	FIT216: PLACEMENT EXPERIENCE II
<b>Program Number: Name</b>	3040: FITNESS AND HEALTH
<b>Department:</b>	FITNESS & HEALTH PROMOTION
<b>Academic Year:</b>	2024-2025
<b>Course Description:</b>	This course is a continuation of FIT126 - Placement Experience I. In this course you will complete 28 hours of placement experience on and off campus and participate in a 1-hour weekly seminar course. This field placement will provide additional opportunities for practical application of your knowledge and skills in the fitness and health industry while working under industry professionals. The weekly seminar will provide support for current field placements.
<b>Total Credits:</b>	3
<b>Hours/Week:</b>	3
<b>Total Hours:</b>	42
<b>Prerequisites:</b>	FIT126
<b>Corequisites:</b>	There are no co-requisites for this course.
<b>This course is a pre-requisite for:</b>	FIT224
<b>Vocational Learning Outcomes (VLO's) addressed in this course:</b>	<b>3040 - FITNESS AND HEALTH</b>
Please refer to program web page for a complete listing of program outcomes where applicable.	VLO 7 Establish and maintain positive working relationships with clients, staff, allied health professionals and volunteers in the delivery of programs, activities, and the use of facilities.
	VLO 9 Develop plans and implement strategies for ongoing professional growth and development.
	VLO 10 Communicate information persuasively and accurately in oral, written, and other media formats.
<b>Essential Employability Skills (EES) addressed in this course:</b>	EES 1 Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience.
	EES 2 Respond to written, spoken, or visual messages in a manner that ensures effective communication.
	EES 4 Apply a systematic approach to solve problems.
	EES 5 Use a variety of thinking skills to anticipate and solve problems.
	EES 6 Locate, select, organize, and document information using appropriate technology and information systems.
	EES 7 Analyze, evaluate, and apply relevant information from a variety of sources.
	EES 8 Show respect for the diverse opinions, values, belief systems, and contributions of others.



- EES 9 Interact with others in groups or teams that contribute to effective working relationships and the achievement of goals.
- EES 10 Manage the use of time and other resources to complete projects.
- EES 11 Take responsibility for ones own actions, decisions, and consequences.

**Course Evaluation:**

Passing Grade: 50%,

A minimum program GPA of 2.0 or higher where program specific standards exist is required for graduation.

**Other Course Evaluation & Assessment Requirements:**

S/U for field placement experience

**Course Outcomes and Learning Objectives:**

<b>Course Outcome 1</b>	<b>Learning Objectives for Course Outcome 1</b>
1. Demonstrate responsibility and professionalism toward regular attendance of field placement and seminar class.	1.1 Demonstrate initiative in field placement interactions and task completions. 1.2 Apply problem-solving and creative thinking skills to field placement situations. 1.3 Attend and participate in weekly seminar classes involving individual or group contributions. 1.4 Perform duties as determined and assigned in collaboration with placement supervisor. 1.5 Comply with placement policies and procedures
<b>Course Outcome 2</b>	<b>Learning Objectives for Course Outcome 2</b>
2. Communicate effectively with placement agency and the college.	2.1 Communicate clearly, concisely and correctly in the written, spoken and visual form that fulfills the purpose and meets the needs of the audience. 2.2 Communicate experiences while maintaining confidentiality.
<b>Course Outcome 3</b>	<b>Learning Objectives for Course Outcome 3</b>
3. Prepare administrative documents suitable for various positions within the fitness and health promotion field.	3.1 Complete required administrative materials prior to placement. 3.2 Reflect on your experiences in field placement and in seminar. 3.3 Prepare or update professional documentation. 3.4 Assess current levels of professionalism and preparation for the fitness & health industry. 3.5 Update placement portfolio
<b>Course Outcome 4</b>	<b>Learning Objectives for Course Outcome 4</b>
4. Investigate a variety of organizations and careers in the Fitness and Health Promotion Field.	4.1 Review local organizations in the fitness and health promotion field. 4.2 Identify job requirements for jobs in the fitness and health promotion field. 4.3 Identify the agency of interest for placement. 4.4 Identify careers in the Fitness and Health Promotion field
<b>Course Outcome 5</b>	<b>Learning Objectives for Course Outcome 5</b>
5. Apply relevant theory and practical knowledge gained	5.1 Demonstrate proficiency in the application of fitness and



	in the classroom to the various placement settings, as determined by the course instructor and employer.	health promotion skills as outlined by the instructor and employer 5.2 Accept feedback from instructor and placement supervisor regarding work proficiency.
	<b>Course Outcome 6</b>	<b>Learning Objectives for Course Outcome 6</b>
	6. Complete professional development opportunities to support knowledge and skills in the various placement settings	6.1 Identify appropriate PD sessions to enhance your knowledge and skills in various fitness and health promotion settings.

**Evaluation Process and Grading System:**

<b>Evaluation Type</b>	<b>Evaluation Weight</b>
Assignments	100%

**Date:**

August 19, 2024

**Addendum:**

Please refer to the course outline addendum on the Learning Management System for further information.

